



POSITION TITLE: Lifestyle Support Officer (Disability)

REPORTS TO: Team Leader, Lifestyle & Disability Support

DIRECT REPORTS: Nil

LOCATION: Albert Park, South Australia; with some flexible working arrangements by negotiation and inline with purpose of role

SALARY: Level 2, Social, Community, Home Care and Disability Services Industry Award; plus penalty rates and allowances
(Weekdays \$34.58 - \$47.16/hour; weekends \$51.87 - \$84.89/hour)

STRUCTURE: Casual with potential for permanent part-time (approximately 5-20 hours per week)

DATE: September 2025

Team Aysh Vision and Purpose

Team Aysh Pty Ltd is a family-governed, service-for-one, providing direct support to an individual client with disability – Aysh. Aysh is a 23-year-old young man who enjoys playing the drums, watching movies, and exploring the community. He requires ongoing support to navigate the community and to develop his skills to live his best life.

Our vision is that Aysh will have a happy, healthy and safe life where he can contribute meaningfully to the community.

Team Aysh is driven by strong values of:

- **Independence** – We create opportunities for Aysh to be independent and to learn to do things for himself in all aspects of his life
- **Choice** – We are guided by principles of supported decision-making to help Aysh learn to make choices and influence what happens in his life.
- **Integrity** – We will always act in a way that is honest, transparent, safe and respectful. Our decisions and actions will be disability-affirming.
- **Innovation** – We encourage innovative solutions and creative problem solving to build opportunities that are as unique as Aysh himself.
- **Fun** – We appreciate a friendly environment, where we create time for fun, celebration, and positive experiences for all.



Position Overview:

The Lifestyle Support Officer will work as part of a small team providing care and support to a single person with disability. The role is crucial in providing direct care, guidance, and assistance to enhance the quality of life and independence of the individual. The role requires compassion, empathy, and a commitment to personalised care to meet the unique needs and preferences of the individual.

This Position Description is intended as a guide to the performance of the duties of the position and is not an exhaustive list of everything that may be required when carrying out the duties of the role. In addition to the Accountabilities and KPIs detailed below, the Lifestyle Support Officer may be required to perform additional duties that are considered within their role and skill level.

Key Responsibilities:

<p>Client-centred support</p>	<p>Provide personalised care and support based on the Aysh’s care plan developed in collaboration with Aysh, his family, and relevant stakeholders.</p> <p>Assist Aysh with daily living activities, including personal care, hygiene, meal preparation, and household tasks, while respecting his autonomy and preferences.</p> <p>Engage in meaningful activities and social interactions with Aysh inside and outside the home, fostering a supportive and positive environment, and building a strong sense of community connection.</p> <p>Support Aysh to access meaningful employment, in collaboration with Aysh, his family, other team members, and allied health professionals.</p>
<p>Health and wellbeing support</p>	<p>Assist with monitoring and responding to Aysh’s health needs as advised by supervising staff and/or healthcare professionals.</p> <p>Guide and support healthy lifestyle habits including meal selection and preparation, fitness activities, and engaging in regular health- related appointments.</p>



	<p>Support the implementation of a behaviour support plan, as per recommendations and training from allied health.</p> <p>Follow established procedures for emergency situations.</p>
Documentation and reporting	<p>Maintain accurate records including shift reports, behaviour records and incident reporting, in accordance with policies and procedures.</p> <p>Provide regular updates and reports to the supervisory team regarding Aysh's progress and any changes in his needs or preferences.</p>
Communication and collaboration	<p>Communicate effectively and respectfully with Aysh, his family, and other support team members to ensure a coordinated approach to care.</p> <p>Engage respectfully with members of Aysh's household including family or housemates.</p> <p>Collaborate with healthcare professionals, therapists, and other stakeholders to implement and adjust activities and supports as needed.</p>
Safety and compliance	<p>Ensure a safe environment for Aysh by following proper safety protocols and risk management procedures.</p> <p>Adhere to all relevant regulations, including Work Health and Safety, SCHADS Award and NDIS guidelines, and maintain confidentiality at all times.</p>

Required Competencies, Skills and Personal Attributes

- Certificate III or IV in Disability, Youth Work, Allied Health or similar, or equivalent experience
- Compassion, patience, and a respectful attitude towards individuals with disabilities, including individuals with complex behaviours or communication styles.
- Excellent communication and interpersonal skills.
- Ability to work independently and as part of a team.
- Adequate level of strength and fitness as required to actively participate in exercise (e.g. walking, gym) and provide safe physical support or redirection when required.
- Flexibility in working hours to accommodate the needs of Aysh and his family, or the broader team.



- Ability to work honestly and in a trustworthy manner and to adapt to often changing circumstances and requirements for Aysh.
- Possess a full Drivers Licence (Class C) valid in SA, without restrictions



Salary and Conditions:

This position is a Level 2 position as specified in the Social Community, Home Care and Disability Services Industry Award. Allowances, penalty rates and reimbursements will be paid in line with the Award.

The following are a requirement of this position, at all times:

- Full Driver's Licence
- Own car that is reliable, comprehensively insured and roadworthy
- Own phone
- A satisfactory NDIS Worker Check
- A satisfactory DHS Vulnerable Persons Screening
- First Aid certification

This position may require flexible working hours, including evenings and weekends, to accommodate the needs of the team and the individual receiving support services. This position is located within the client's home environment and support will be undertaken in this context. Non-direct or administrative work may be undertaken remotely by negotiation with the Managing Director, where it meets the expectations of the role..

Application Process

To express interest in this position, please send your application to admin@teamaysh.com.au

Applications should include:

- Your current CV/resume with 2 relevant work referees
- A cover letter addressing the following three questions:
 - Why do you think you would be a good fit for this position?
 - Which of our values do you think is most important and why?
 - What does 'inclusion' mean to you?

Applications that do not include this information may not be considered.